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# Adulting: How To Become A Grown-up In 468 Easy(ish) Steps



## Synopsis

**NEW YORK TIMES BESTSELLER** If you graduated from college but still feel like a student . . . if you wear a business suit to job interviews but pajamas to the grocery store . . . if you have your own apartment but no idea how to cook or clean . . . it's OK. But it doesn't have to be this way. Just because you don't feel like an adult doesn't mean you can't act like one. And it all begins with this funny, wise, and useful book. Based on Kelly Williams Brown's popular blog, *ADULTING* makes the scary, confusing "real world" approachable, manageable-and even conquerable. This guide will help you to navigate the stormy Sea of Adulthood so that you may find safe harbor in Not Running Out of Toilet Paper Bay, and along the way you will learn: What to check for when renting a new apartment-Not just the nearby bars, but the faucets and stove, among other things. When a busy person can find time to learn more about the world- It involves the intersection of NPR and hair-straightening. How to avoid hooking up with anyone in your office -- Imagine your coworkers having plastic, featureless doll crotches. It helps. The secret to finding a mechanic you love-Or, more realistically, one that will not rob you blind. From breaking up with frenemies to fixing your toilet, this way fun comprehensive handbook is the answer for aspiring grown-ups of all ages.

## Book Information

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## Customer Reviews

Ok, so I want to address some of the negative reviews I've seen of this book. Things like, "Do you really need someone to tell you what cleaning supplies to buy?" And the answer is no, but there are so many other helpful things. I would have never thought to have a spare toothbrush on hand for

when people stay at my house, but that is a great, grown up thing to do. I also love the way Kelly prioritizes things, like how to stock a kitchen. Economically, this is not an easy time to be a 20 something. She gives a list showing which kitchen supplies are most necessary to least necessary, and it makes figuring out how to stock a kitchen less overwhelming. The thing is, if you've been an adult for 10 plus years, I can see how it makes us sound stupid to not know how to do the things you do everyday. But with culture changing, more and more young people are moving into the adult world as singles. We don't have the support, financially or emotionally, of a significant other (or parents for many of us), nor do we have the option of being home and figuring out 'home-stuff' while our significant other works. We have a lot to learn in a lot of different areas of life, and we have to figure it all out quickly and at the same time. We are more than capable of doing this, but having resources like 'Adulthood' speeds up the process exponentially, and helps us to organize all of the things we need to learn. A theme of this book is kindness and graciousness toward others, and I would encourage those who have been adults for a long time to interact with those of us just becoming adults with kindness and grace.

I bought this book as a Christmas gift for my 20 year old daughter, but before giving it to her, I wanted to take a look through it and see just what the advice was like. I ended up reading the entire thing. First of all, Kelly Williams Brown strikes all the right humorous notes. I laughed out loud several times and nodded in commiseration several more as her experiences mirrored my own. But was the advice worth it? I think so. Sure, you might be too far along the pike to benefit from some of it. Some of it is complete common sense (i.e. buy toilet paper in bulk -- the use/age graph on this is priceless!). But it never hurts to read it or hear it aloud at least one time. And some of the things she covered are issues I still have trouble with and I'm easily old enough to be the author's mom. I will indeed give this book to my daughter and hope she actually finds time to read it and absorb some of the great stuff although I hope she doesn't drink as much or have as much unmarried sex as the book allows. But if she does decide to start drinking and screwing around, the book offers some pretty good guidelines on how to do such in an adult fashion. Still I hope she spends more time on the chapter about financial responsibility. Great job, Kelly. Now if you can hurry up and turn 60, I need a book on Senioring.

It seems most of the negative reviews on here are coming from older people who got this book to give as gifts. I think people older, especially past the 35 year mark are forgetting what constitutes common sense and what kind of this you pick up along the way of life. I could see how the 35 plus

crowd doesn't get it, they probably grew up with Moms at home and maybe learned stuff there. Most people my age and younger grew up with two working parents who didn't spend all their time at home showing us how to do chores, we then went off to college where depending upon the school and room and board situation potentially had all of our meals and cleaning done for us so we could focus on studying. Point being, no, I did not know what the best cleaning products would be when I moved into my first home, in fact it wasn't until my bathroom displayed evidence of needing it did it occur to me that I had to clean it, I had never cleaned a bathroom in my life. I really wish this book had been around when I first graduated college but still found good advice. I thought the advice so good I gifted one to my little sister graduating this year, she too has never cleaned a bathroom in her life. And yeah, you could say that we could just ask our parents all of the life lessons in this book but that's part of being an adult too, not running to Mommy and Daddy for every little thing. Well worth the investment for the practical advice alone but the humor and charm makes it an enjoyable read as well.

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